

JOURNEY HOME RECOVERY LIVING, LLC (JHRL)
HOUSE GUIDELINES

1. I agree not to consume Alcohol and/or Drugs while residing at this property. If I am taking prescription medications (non-narcotic only) that are prescribed by a doctor, I will provide that information at the time of initial intake and discuss further use with management.

If prescribed prescription medications (non-narcotic only) by a doctor during my stay at this residence, I will contact the house manager immediately to discuss it.

2. I agree to take random screens for drug and alcohol use administered by management upon request. If the test has a positive reading, I will be asked to leave the house immediately. If I am unable to produce a urine sample within 1 hour of the request of the house manager, the drug screen will be considered positive. If for some reason the test is inconclusive or the manager is uncertain about the results, I will be asked to have a drug screen performed at an independent laboratory at the discretion of the manager at my expense.

3. I agree not to steal others' property while I am a resident of the house. This includes personal property and food belonging to the agency or any other residents of the house. I understand that JHRL is not responsible for my lost or stolen property.

4. I agree not to use physical force against anyone in the house while a resident of the house. I agree not to use threatening language and/or verbally harass other residents or management.

5. I agree to pay the residential fee on time and in full each week. The due date of the residential fee is on Friday.

6. I agree within the first 30 days to actively seek and obtain full time employment. The hours of employment must fall in between the curfew for that particular day. This rule can be modified if I will be attending an IOP or day program.

7. I agree to the following the curfew:

- Sunday through Thursday 9:00 PM
- Friday and Saturday 11:00 PM

In the event I am unable to make curfew, I will contact the house manager to discuss this prior to the curfew.

8. I agree to attend Alcoholics Anonymous and/or Narcotics Anonymous meetings:

- First 30 days in residence - 21 meetings
- After first 30 days, with less than one year in recovery - a minimum of five meetings per week.
- After first 30 days, with more than one year in recovery - a minimum of four meetings per week.
- The weekly house meeting is mandatory.

In addition to attending meetings, I agree to find an AA or NA sponsor and start step work within the first 30 days. I agree to continue doing step work while I am living at JHRL.

9. I understand that this is my recovery and I am responsible to ensure I am abstinent, going to meetings, working the 12-steps in my life with my sponsor. I also may expect JHRL to support my recovery plan and assist me with planning my recovery and how to manage relapse risks.

10. I understand that overnight stays away from the house are a privilege and must be cleared with the house manager beforehand in writing. An overnight stay will not be allowed within the first 30 days. In order to qualify for any overnight stay, I must turn in the signature sheet proving the attendance of 21 meetings in thirty days, have rent paid up to date, be following all guidelines, and have all chores completed.

11. I agree to show financial responsibility if I bring a motor vehicle on the property. I will provide a valid driver's license, registration, and proof of insurance coverage.

12. I agree to keep my room clean and orderly at all times, as well as maintain the cleanliness of the common areas including the areas outside surrounding the home. This may include litter and cigarette butts.

13. I agree to do the weekly chore that is when assigned and to participate in any special projects that are requested by the manager of the house.

14. This residence is smoke-free. There is no smoking/vaping inside the house at any time. Smoking/vaping in the house may result in immediate dismissal. Smoking/vaping is allowed outside only. Cigarette butts must be disposed of properly.

15. All visitors must be approved and request must be submitted in writing to the house manager. No overnight guests will be allowed, including family members. Any guests will be limited to the common areas of the house, and must have at least 90 days clean and sober. **NO VISITORS ARE ALLOWED IN BEDROOMS.** I am responsible to bring the presence of questionable guests to the house manager's attention immediately.

16. I will not engage in an intimate relationship with any other resident.

17. I agree to retrieve my belongings and personal effects no later than 72 hours after leaving the residence. I understand that if I do not, they will be donated to charity or disposed of.

18. I agree to inform management if I know that another resident has relapsed. Failure to do so will result in my dismissal.

19. I understand that at any time, my room is subject to search by management, police, and the like.

20. I understand the conditions for admission and discontinuation according to the policies and was provided a copy.

21. I understand the grievance policy and was provided a copy. I have read and fully understand the guidelines for residency, I understand they are subject to change at any given time, as management requires.

Printed Applicant Name

Applicant Signature

Manager Signature

Date

Date

JOURNEY HOME RECOVERY LIVING, LLC
House Rules

1. Confidentiality: Do not give information regarding any resident past or present, to anyone outside of Journey Home Recovery Living, LLC, (JHRL), including acknowledgement of their residency or whereabouts.
2. Common Areas: Common Areas are to be kept neat and free of personal belongings at all times.
3. Bedrooms: Bedrooms are off limits to anyone that does not sleep there. Beds must be made by 9:00 am Monday- Friday and upon awaking on Saturday and Sunday. Laundry and trash are not permitted on the floors, tables or dressers. Food is not allowed in bedrooms. Exception may be made for individuals who are ill. Water is permitted.
4. Bathrooms: Bathrooms are to be kept clean. Clean out sink and shower after each use. Do not leave toiletries in bathrooms. Do not flush ANYTHING other than toilet paper.
5. Kitchen:
 - All food must be closed up, contained, or covered and stored in assigned cabinet and refrigerator areas.
 - Keep refrigerator area clean and dispose of expired food promptly.
 - All dishes and utensils must be washed in the dishwasher.
 - When dishwasher cycle finishes, empty, dry and put away all contents.
 - Clean all appliances and wipe counters every time you prepare food to maintain cleanliness of kitchen.
6. Laundry Room: Tables, washer and dryers are to be cleared when not in use. Laundry is to be taken to your bedroom when done. Leave laundry room clean for the next person.
7. Chores: Chores are to be done thoroughly as described in the chore list every day. If you are unable, for any reason, to do your chores during those times, you are responsible for making arrangements with another resident to ensure your chores are done.
8. Outside areas: Tables and chairs must be cleared of cups, dishes, towels, and personal belongings upon returning inside. Ashtrays, smoke stands, and smoking area must be kept clean at all times. Cigarette butts must be disposed of properly.
9. Quiet Time: Quiet time is from 10 pm to 9 am.
10. Emergency: IN CASE OF EMERGENCY NOTIFY MANAGEMENT IMMEDIATELY.

Applicant Signature

Date